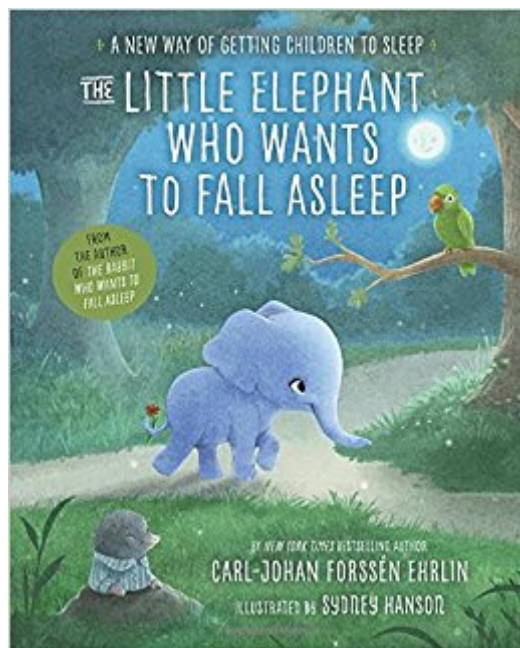




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# The Little Elephant Who Wants To Fall Asleep: A New Way Of Getting Children To Sleep



## Synopsis

Add variety to your child's bedtime routine with the latest book from the author of *The Rabbit Who Wants to Fall Asleep*, the *New York Times* and international bestseller that parents have been raving about! Features all-new child-tested, parent-approved techniques to reclaim bedtime and provide a sweet and tender end to each day. Your child joins Ellen the Elephant on a journey through a magical forest that leads to sleep. Along the way, children meet different fantastical characters and have calming experiences that help them relax and slip into slumber quickly. The story works perfectly for either naptime or bedtime. Children will love switching between stories about both Roger the Rabbit (*The Rabbit Who Wants to Fall Asleep*) and Ellen the Elephant (*The Little Elephant Who Wants to Fall Asleep*), and parents will appreciate the diverse ways each character will help their loved ones fall asleep quickly and easily. Includes never-before-seen material that will make a difference at bedtime, including insightful sleep tips and answers to frequently asked questions to help guide families to an even more satisfying nighttime routine! Advance Praise from Parents • "Even better than *The Rabbit Who Wants to Fall Asleep*." • "It's nice to have an alternative for a bit of variety." • "You only have to read a few pages and you have a sleeping child!" • "A must-have book in our home!" • Praise for *The Rabbit Who Wants to Fall Asleep*: *New York Times* Bestseller *USA Today* Bestseller Publishers Weekly Bestseller Translated into 43 Languages • "The magical book that will have your kids asleep in minutes." • "New York Post" • "On the cover of [*The Rabbit Who Wants to Fall Asleep*] there's a sign that reads, 'I can make anyone fall asleep' and that's a promise sleep-deprived parents can't resist." • "NPR" • "For many parents, getting kids to fall asleep can be a nightmare. But [*The Rabbit Who Wants to Fall Asleep*] . . . promises to make the process easier and help kids to drift off to sleep faster." • "CBS News" • "A book whose powerfully soporific effects my son is helpless to resist." • "The New York Times"

## Book Information

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Average Customer Review: 4.1 out of 5 stars 49 customer reviews

Best Sellers Rank: #13,865 in Books (See Top 100 in Books) #27 in Books > Children's Books > Growing Up & Facts of Life > Health > Personal Hygiene #40 in Books > Children's Books > Growing Up & Facts of Life > Family Life > Multigenerational #95 in Books > Children's Books > Growing Up & Facts of Life > Family Life > Sleep

Age Range: 3 - 7 years

Grade Level: Preschool - 2

## Customer Reviews

The Little Elephant Who Wants to Fall Asleep

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Carl-Johan Forssell is a behavioral scientist with a bachelor's degree in psychology and teaches communications at a Swedish university. He is also a life coach and leadership trainer. Carl-Johan has combined all these skills and experiences in developing the techniques in this book. Read more about the author at [carl-johan.com](http://carl-johan.com) or on his Facebook pages Carl-Johan Forssell and The Rabbit Who Wants to Fall Asleep. Sydney Hanson was raised in Minnesota alongside numerous pets, and her illustrations and paintings still reflect a love for animals and the natural world. In addition to her book illustrations, Sydney is an experienced 2-D and 3-D production artist who has worked for several animation companies, including Nickelodeon and Disney Interactive. She lives in Los Angeles.

Both this and the little rabbit version are must haves for bedtime. My son who always wants to "stay up all night" and can read through several bedtime books without so much as a yawn falls asleep before we hit halfway. So relaxing, almost hypnotic and meditative. Couldn't recommend more highly

I love this author and this book. Works like a charm every time, and I even bought the book on Audible so that the Kindle can read her to sleep without the constant distraction of "mom." She loves it!

It doesn't work on my toddler but by the time I'm done reading it I'm really yawning and ready to fall asleep now (joke if you read the book)

This book also does a good job putting mom and dad to sleep while reading....it hasn't made the kids fall asleep yet!

My 3 year old really enjoys this book. As the 'introduction' in the book explains, words are slightly out of order to make it geared towards encouraging sleep. I totally get that. I just personally struggle to not read/correct it the way it would normally be (if it wasn't written to psychologically try to get children to fall asleep,) as I am reading it out loud to my child.

This works, but it's not quick! Also, it's counter productive to have to read a child to sleep with a light on, as they're fighting sleep because of the light exposure. Reading this twice through over the course of 40 minutes isn't really better than sitting with a child in the dark until they fall asleep, in my opinion.

I love the story and it works every time. My son always falls asleep.

This book IS sweet...and a nice notion. It did NOT, however, help me "reclaim bedtime" with our mentally-active 3 year old. Instead of lulling her to sleep with pseudo-Jedi mind-trick suggestive passages, it brought on an onslaught of nine thousand perky questions that I had to stop the story and answer. Frustration, stress, and a tired ADULT who just "wants to fall asleep" is all we got in our household. The English is presented too properly as well - does not flow like an average American's speech pattern, and sometimes makes it difficult to read smoothly for me. I hope others have better luck.

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